

Recreation Department's 10th Annual

FRUITLAND PARK DAYS

5K RUN; 5K FITNESS WALK; KIDS FUN RUN

CENTRAL FL HEALTH ALLIANCE COLONIAL BANK DAILY COMMERCIAL THERMO-COOL



DATE/TIME/LOCATION

Saturday, April 4, 2009. 5K Run & 5K Fitness Walk start at 8 A.M. KIDS FREE FUN RUN 8:45 A.M. Registrations at **Gardenia Park Pavilion** will be accepted from 7 A.M. to 7:45 A.M. The site is just off 441/27, north of the Leesburg WalMart. Turn left at the race signs across from Lake Griffin State Park. Stay on West Berckman Street, crossing Dixie Avenue, then a quick left onto Gardenia Drive. Going south from Lady Lake, turn right at the 441/27 traffic light onto Dixie Avenue. Go through next traffic light. Follow the 5K signs to a right turn at West Berckman Street. Gardenia Park Pavilion is the next left. Parking is along Gardenia Drive, next to the soccer field.

COURSE

The out and back course is the same as last year. A run around Mirror Lake and a gradual hill make this a challenging run through a residential area. The start/finish line is at Gardenia Drive & LaVista Street. See the race course map on the back.

AWARDS

Overall 5K male and female winners, plus top 3 males and females in standard age categories (5-year increments, 9 & under, to over 80). 5K Fitness Walk has awards for overall M & F winners; 1st place M & F: 39 & under, 40+, 50+, 60+ T-Shirts to all participants. Register early to guarantee your correct size, and be eligible for door prize drawings.

POST RACE PARTY

Refreshments available for runners/walkers & volunteers. Door prize winners will be posted and announced. You must be present to win. Stay for the Parade at 10 A.M., a variety of vendors, food, and entertainment until 3 P.M.

Contact the Recreation Department at 352-360-6734 for information. Entry forms are also available at City Hall and the Library. Mail check ("City of Fruitland Park") by March 25 postmark to: 5K Race, 506 W. Berckman Street, Fruitland Park, Florida 34731.
City website: www.fruitlandpark.org

REGISTRATION FORM FRUITLAND PARK DAYS 5K; 5K FITNESS WALK; KIDS FREE FUN RUN APRIL 4, 2009

Name(print) _____ Phone _____; Emergency tel.# _____
Address _____ City _____ State _____ Zip _____
Sex: M F Age on Race Day _____ Birth date: _____ T-Shirt Size: S M L XL 2XL
CHECK EVENT: 5K RUN _____ 5K FITNESS WALK _____ Amount paid \$ _____ KIDS FREE FUN RUN _____
5K Race Day entry fee is \$20. \$15 fee before.

By submitting this entry form and in consideration of the acceptance of this entry form by the City of Fruitland Park, I both for myself and for my heirs, personal representatives and assigns, hereby release and forever discharge the City of Fruitland Park, its officers, employees, agents, and any other sponsors from any claims for loss or injury that I may have against them in connection with this event. Further, I, both for myself and for the parties set forth above, agree to indemnify and hold the City of Fruitland Park harmless from any and all claims or demands asserted against it in connection with my participation in this event, including attorney's fees. If they should suffer such injury or illness, I authorize the officials of this program to use their discretion to have me/them transported to a medical facility and I take full responsibility for this action.

Signature of Entrant _____ Date _____

Signature of Parent or Guardian if under age 18 _____

